

Yoga Classes – Schedule

0630-0730 hrs (Monday to Friday) at Indian Cultural Centre

0930-1100 hrs (Monday to Friday) at Indian Cultural Centre

1115-1215 hrs (Monday to Friday) at Indian Cultural Centre

1300-1400 (Thursday) at Makumbusho School

1600-1700 hrs (Monday to Friday) at Indian Cultural Centre

Charges

- Nominal fee of TSH 60,000 per month for daily yoga classes
- Form can be obtained from the Indian Cultural centre

Enquiry

- Enquiries can be emailed to Mr. Inder Jit Sagar, Director (Indian Cultural Centre) at iccdartz@gmail.com